



51. Brockenlauf

Ilseburg / 03.09.2022

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Baum, Kathrin

□□: SV Elbland Coswig-Meißen
 □□: 52

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:45:53

□□: 9.40 km/h
 □□□□: 6:20 min/km

□□□□□/□□□: 226 (of 418)

□□□□□/□: 28 (of 82)

□□□□□□: 2:03:06

□□□□□: 7(of 15)

□□□□□□□: 2:23:24

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:44	6:16	7	4:04	32	5:51	3.30	20:44	6:16	7	4:04	32	5:51
Schlüsie	3.10	21:35	6:57	5	2:43	23	5:16	6.40	42:19	6:36	6	6:47	26	11:07
Hermannsklippe	2.60	19:15	7:24	5	2:28	25	4:50	9.00	1:01:34	6:50	6	9:15	26	15:57
Brocken	3.10	30:40	9:53	5	3:14	21	7:50	12.10	1:32:14	7:37	6	12:29	23	23:47
Eiserner Handwe	3.60	19:48	5:30	6	3:14	26	4:45	15.70	1:52:02	7:08	6	14:20	25	28:32
Schlüsie	4.10	20:10	4:55	9	3:40	42	6:14	19.80	2:12:12	6:40	6	17:08	25	33:51
Loddenke	3.10	16:17	5:15	7	2:35	33	4:33	22.90	2:28:29	6:29	5	19:43	22	35:26
Ilseburg/Markt	3.30	17:24	5:16	6	2:46	25	4:20	26.20	2:45:53	6:19	7	22:29	28	42:47