



51. Brockenlauf

Ilseburg / 03.09.2022

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Wedde-Lindenberg, Corinna

□□: Ilseburg
 □□: 441

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W50 (50-54 Jahre)

□□□: 2:47:16

□□: 9.40 km/h
 □□□□: 6:23 min/km

□□□□□/□□□: 236 (of 418)

□□□□□/□: 31 (of 82)

□□□□□□: 2:03:06

□□□□□: 3(of 12)

□□□□□□□: 2:43:26

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 22:24 | 6:47 | 7 | 3:17 | 55 | 7:31 | 3.30 | 22:24 | 6:47 | 7 | 3:17 | 55 | 7:31 |
| Schlüsie | 3.10 | 22:27 | 7:14 | 3 | 1:21 | 31 | 6:08 | 6.40 | 44:51 | 7:00 | 4 | 4:27 | 39 | 13:39 |
| Hermannsklippe | 2.60 | 20:13 | 7:46 | 3 | 1:32 | 32 | 5:48 | 9.00 | 1:05:04 | 7:13 | 4 | 4:50 | 36 | 19:27 |
| Brocken | 3.10 | 34:09 | 11:00 | 5 | 3:16 | 37 | 11:19 | 12.10 | 1:39:13 | 8:11 | 4 | 7:49 | 36 | 30:46 |
| Eiserner Handwe | 3.60 | 19:17 | 5:21 | 2 | 0:12 | 21 | 4:14 | 15.70 | 1:58:30 | 7:32 | 4 | 6:45 | 36 | 35:00 |
| Schlüsie | 4.10 | 17:36 | 4:17 | 1 | - | 18 | 3:40 | 19.80 | 2:16:06 | 6:52 | 4 | 4:24 | 34 | 37:45 |
| Loddenke | 3.10 | 14:38 | 4:43 | 1 | - | 14 | 2:54 | 22.90 | 2:30:44 | 6:34 | 4 | 3:36 | 27 | 37:41 |
| Ilseburg/Markt | 3.30 | 16:32 | 5:00 | 2 | 0:14 | 19 | 3:28 | 26.20 | 2:47:16 | 6:23 | 3 | 3:50 | 31 | 44:10 |