



# 51. Brockenlauf

Ilseburg / 03.09.2022

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Scheller, Frank

□□: Hohburger SV

□□: 351

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M65 (65-69 Jahre)

□□□: 2:49:12

□□: 9.22 km/h

□□□□: 6:28 min/km

□□□□□/□□□: 254 (of 418)

□□□□□/□: 219 (of 336)

□□□□□□: 1:39:59

□□□□□: 9(of 19)

□□□□□□□: 2:24:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:13	6:07	8	2:45	206	8:13	3.30	20:13	6:07	8	2:45	206	8:13
Schlüsie	3.10	21:47	7:01	7	2:20	208	8:20	6.40	42:00	6:33	7	5:04	215	16:33
Hermannsklippe	2.60	19:53	7:38	8	2:43	230	8:05	9.00	1:01:53	6:52	7	7:27	212	24:38
Brocken	3.10	31:15	10:04	8	3:16	190	13:05	12.10	1:33:08	7:41	7	10:17	209	37:43
Eiserner Handwe	3.60	20:38	5:43	10	3:39	221	8:36	15.70	1:53:46	7:14	8	13:56	211	46:19
Schlüsie	4.10	20:20	4:57	10	4:18	250	8:48	19.80	2:14:06	6:46	8	18:08	217	55:07
Loddenke	3.10	16:20	5:16	8	2:55	169	6:22	22.90	2:30:26	6:34	7	20:55	169	1:01:29
Ilseburg/Markt	3.30	18:46	5:41	8	3:39	187	7:44	26.20	2:49:12	6:27	9	24:31	219	1:09:13