



# 51. Brockenlauf

Ilseburg / 03.09.2022

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**Wallewein, Oliver**

□□: Hildesheim  
 □□: 438

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M45 (45-49 Jahre)

□□□: 2:57:21

□□: 8.86 km/h  
 □□□□: 6:46 min/km

□□□□□/□□□: 297 (of 418)

□□□□□/□: 257 (of 336)

□□□□□□: 1:39:59

□□□□□: 48(of 60)

□□□□□□□: 2:00:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:18	6:45	53	7:48	293	10:18	3.30	22:18	6:45	53	7:48	293	10:18
Schlüsie	3.10	22:46	7:20	47	7:11	249	9:19	6.40	45:04	7:02	50	14:59	275	19:37
Hermannsklippe	2.60	20:19	7:48	47	6:25	244	8:31	9.00	1:05:23	7:15	50	21:24	267	28:08
Brocken	3.10	32:56	10:37	38	10:10	224	14:46	12.10	1:38:19	8:07	47	31:28	255	42:54
Eiserner Handwe	3.60	21:58	6:06	51	7:39	263	9:56	15.70	2:00:17	7:39	47	37:43	253	52:50
Schlüsie	4.10	20:54	5:05	50	7:23	268	9:22	19.80	2:21:11	7:07	48	45:06	260	1:02:12
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	36:10	10:57	57	23:20	322	25:08	26.20	2:57:21	6:46	48	56:36	257	1:17:22