



51. Brockenlauf

Ilseburg / 03.09.2022

□□□□

Weber, Marian

□□: Bad Harzburg

□□: 463

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 2:57:34

□□: 8.79 km/h

□□□□: 6:47 min/km

□□□□□/□□□: 298 (of 418)

□□□□□/□: 258 (of 336)

□□□□□□: 1:39:59

□□□□□: 36(of 43)

□□□□□□□: 1:59:27

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 20:47 | 6:17 | 32 | 5:50 | 237 | 8:47 | 3.30 | 20:47 | 6:17 | 32 | 5:50 | 237 | 8:47 | |
| Schlüsie | 3.10 | 22:52 | 7:22 | 34 | 7:05 | 255 | 9:25 | 6.40 | 43:39 | 6:49 | 35 | 12:29 | 249 | 18:12 | |
| Hermannsklippe | 2.60 | 21:38 | 8:19 | 37 | 8:06 | 277 | 9:50 | 9.00 | 1:05:17 | 7:15 | 38 | 20:35 | 265 | 28:02 | |
| Brocken | 3.10 | 33:00 | 10:38 | 31 | 11:17 | 230 | 14:50 | 12.10 | 1:38:17 | 8:07 | 36 | 31:52 | 254 | 42:52 | |
| Eiserner Handwe | 3.60 | 24:20 | 6:45 | 38 | 9:28 | 308 | 12:18 | 15.70 | 2:02:37 | 7:48 | 37 | 41:20 | 272 | 55:10 | |
| Schlüsie | 4.10 | 21:51 | 5:19 | 38 | 7:36 | 283 | 10:19 | 19.80 | 2:24:28 | 7:17 | 38 | 48:24 | 274 | 1:05:29 | |
| Loddenke | 3.10 | fehlt! | - | - | - | - | - | 22.90 | - | - | - | - | - | - | |
| Ilseburg/Markt | 3.30 | 33:06 | 10:01 | 40 | 21:10 | 313 | 22:04 | 26.20 | 2:57:34 | 6:46 | 36 | 58:07 | 258 | 1:17:35 | |