



51. Brockenlauf

Ilseburg / 03.09.2022

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Kolde, Katharina

□□: Osterwieck
 □□: 218

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:59:08

□□: 8.78 km/h
 □□□□: 6:50 min/km

□□□□□/□□□: 303 (of 418)

□□□□□/□: 42 (of 82)

□□□□□□: 2:03:06

□□□□□: 8(of 10)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:24	6:47	7	7:31	55	7:31	3.30	22:24	6:47	7	7:31	55	7:31
Schlüsie	3.10	24:37	7:56	7	8:18	51	8:18	6.40	47:01	7:20	7	15:49	51	15:49
Hermannsklippe	2.60	21:49	8:23	8	7:24	47	7:24	9.00	1:08:50	7:38	8	23:13	52	23:13
Brocken	3.10	33:01	10:39	7	10:11	33	10:11	12.10	1:41:51	8:25	8	33:24	42	33:24
Eiserner Handwe	3.60	21:57	6:05	8	6:54	52	6:54	15.70	2:03:48	7:53	8	40:18	42	40:18
Schlüsie	4.10	20:41	5:02	8	5:50	48	6:45	19.80	2:24:29	7:17	8	46:08	42	46:08
Loddenke	3.10	16:32	5:20	7	3:04	36	4:48	22.90	2:41:01	7:01	7	30:11	35	47:58
Ilseburg/Markt	3.30	18:07	5:29	6	3:39	35	5:03	26.20	2:59:08	6:50	8	56:02	42	56:02