



51. Brockenlauf

Ilseburg / 03.09.2022

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Nolte, Viktoria

□□: TV Altendorf-Ersdorf
 □□: 290

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:59:11

□□: 8.71 km/h
 □□□□: 6:50 min/km

□□□□□/□□□: 305 (of 418)

□□□□□/□: 43 (of 82)

□□□□□□: 2:03:06

□□□□□: 9(of 15)

□□□□□□□: 2:23:24

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:16	6:26	9	4:36	36	6:23	3.30	21:16	6:26	9	4:36	36	6:23
Schlüsie	3.10	23:38	7:37	9	4:46	41	7:19	6.40	44:54	7:00	9	9:22	40	13:42
Hermannsklippe	2.60	22:29	8:38	9	5:42	53	8:04	9.00	1:07:23	7:29	9	15:04	47	21:46
Brocken	3.10	37:40	12:09	10	10:14	57	14:50	12.10	1:45:03	8:40	10	25:18	53	36:36
Eiserner Handwe	3.60	20:15	5:37	8	3:41	36	5:12	15.70	2:05:18	7:58	9	27:36	48	41:48
Schlüsie	4.10	19:51	4:50	8	3:21	39	5:55	19.80	2:25:09	7:19	9	30:05	45	46:48
Loddenke	3.10	15:58	5:09	6	2:16	28	4:14	22.90	2:41:07	7:02	7	32:21	36	48:04
Ilseburg/Markt	3.30	18:04	5:28	7	3:26	34	5:00	26.20	2:59:11	6:50	9	35:47	43	56:05