



51. Brockenlauf

Ilseburg / 03.09.2022

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Hintzen, Colette

□□: Magdeburg

□□: 174

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:02:07

□□: 8.57 km/h

□□□□: 6:57 min/km

□□□□□/□□□: 317 (of 418)

□□□□□/□: 46 (of 82)

□□□□□□: 2:03:06

□□□□□: 8(of 12)

□□□□□□□: 2:43:26

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:50	6:36	5	2:43	46	6:57	3.30	21:50	6:36	5	2:43	46	6:57
Schlüsie	3.10	23:51	7:41	8	2:45	44	7:32	6.40	45:41	7:08	6	5:17	45	14:29
Hermannsklippe	2.60	22:01	8:28	9	3:20	48	7:36	9.00	1:07:42	7:31	9	7:28	49	22:05
Brocken	3.10	35:01	11:17	9	4:08	43	12:11	12.10	1:42:43	8:29	9	11:19	45	34:16
Eiserner Handwe	3.60	21:58	6:06	9	2:53	54	6:55	15.70	2:04:41	7:56	9	12:56	45	41:11
Schlüsie	4.10	21:18	5:11	8	3:42	52	7:22	19.80	2:25:59	7:22	8	14:17	47	47:38
Loddenke	3.10	16:45	5:24	8	2:07	39	5:01	22.90	2:42:44	7:06	8	15:36	40	49:41
Ilseburg/Markt	3.30	19:23	5:52	8	3:05	47	6:19	26.20	3:02:07	6:57	8	18:41	46	59:01