



# 51. Brockenlauf

Ilseburg / 03.09.2022

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Schipke, Daniel

□□: LG Motor Finsterwalde  
 □□: 357

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M50 (50-54 Jahre)

□□□: 3:04:07

□□: 8.47 km/h  
 □□□□: 7:02 min/km

□□□□□/□□□: 326 (of 418)

□□□□□/□: 277 (of 336)

□□□□□□: 1:39:59

□□□□□: 39(of 43)

□□□□□□□: 1:59:27

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□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 19:28    | 5:53         | 24      | 4:31    | 173     | 7:28    | 3.30  | 19:28     | 5:53          | 24      | 4:31    | 173     | 7:28    |
| Schlüsie        | 3.10     | 22:52    | 7:22         | 34      | 7:05    | 255     | 9:25    | 6.40  | 42:20     | 6:36          | 30      | 11:10   | 223     | 16:53   |
| Hermannsklippe  | 2.60     | 22:19    | 8:34         | 41      | 8:47    | 293     | 10:31   | 9.00  | 1:04:39   | 7:11          | 36      | 19:57   | 260     | 27:24   |
| Brocken         | 3.10     | 34:15    | 11:02        | 36      | 12:32   | 252     | 16:05   | 12.10 | 1:38:54   | 8:10          | 37      | 32:29   | 260     | 43:29   |
| Eiserner Handwe | 3.60     | 26:37    | 7:23         | 42      | 11:45   | 326     | 14:35   | 15.70 | 2:05:31   | 7:59          | 39      | 44:14   | 287     | 58:04   |
| Schlüsie        | 4.10     | 20:11    | 4:55         | 33      | 5:56    | 242     | 8:39    | 19.80 | 2:25:42   | 7:21          | 39      | 49:38   | 279     | 1:06:43 |
| Loddenke        | 3.10     | 20:07    | 6:29         | 31      | 8:40    | 242     | 10:09   | 22.90 | 2:45:49   | 7:14          | 30      | 58:18   | 225     | 1:16:52 |
| Ilseburg/Markt  | 3.30     | 18:18    | 5:32         | 24      | 6:22    | 172     | 7:16    | 26.20 | 3:04:07   | 7:01          | 39      | 1:04:40 | 277     | 1:24:08 |