



51. Brockenlauf

Ilseburg / 03.09.2022

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Krutzsch, Cindy

□□: LG Mauerweg Berlin e.V.
 □□: 231

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 3:06:51

□□: 8.41 km/h
 □□□□: 7:08 min/km

□□□□□/□□□: 341 (of 418)

□□□□□/□: 53 (of 82)

□□□□□□: 2:03:06

□□□□□: 14(of 16)

□□□□□□□: 2:13:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:58	6:57	15	6:14	62	8:05	3.30	22:58	6:57	15	6:14	62	8:05
Schlüsie	3.10	25:19	8:09	14	6:56	54	9:00	6.40	48:17	7:32	15	12:45	58	17:05
Hermannsklippe	2.60	22:24	8:36	14	6:18	52	7:59	9.00	1:10:41	7:51	14	19:03	56	25:04
Brocken	3.10	35:24	11:25	12	9:38	47	12:34	12.10	1:46:05	8:46	14	28:35	54	37:38
Eiserner Handwe	3.60	22:28	6:14	13	7:09	57	7:25	15.70	2:08:33	8:11	14	35:44	53	45:03
Schlüsie	4.10	21:32	5:15	14	7:27	56	7:36	19.80	2:30:05	7:34	14	43:11	55	51:44
Loddenke	3.10	17:10	5:32	9	3:43	41	5:26	22.90	2:47:15	7:18	11	34:46	46	54:12
Ilseburg/Markt	3.30	19:36	5:56	12	4:29	49	6:32	26.20	3:06:51	7:07	14	53:21	53	1:03:45