



51. Brockenlauf

Ilseburg / 03.09.2022

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Eggert, Irmgard

□□: Rennsteiglaufverein
 □□: 111

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W70 (70-74 Jahre)

□□□: 3:09:55

□□: 8.21 km/h
 □□□□: 7:15 min/km

□□□□□/□□□: 349 (of 418)

□□□□□/□: 57 (of 82)

□□□□□□: 2:03:06

□□□□□: 2(of 2)

□□□□□□□: 3:02:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:20	6:46	2	0:38	54	7:27	3.30	22:20	6:46	2	0:38	54	7:27
Schlüsie	3.10	27:30	8:52	2	3:27	71	11:11	6.40	49:50	7:47	2	4:05	66	18:38
Hermannsklippe	2.60	25:04	9:38	2	3:01	69	10:39	9.00	1:14:54	8:19	2	7:06	67	29:17
Brocken	3.10	38:53	12:32	2	2:23	66	16:03	12.10	1:53:47	9:24	2	9:29	65	45:20
Eiserner Handwe	3.60	20:38	5:43	1	-	40	5:35	15.70	2:14:25	8:33	2	9:13	61	50:55
Schlüsie	4.10	19:13	4:41	2	0:08	29	5:17	19.80	2:33:38	7:45	2	9:21	58	55:17
Loddenke	3.10	17:10	5:32	1	-	41	5:26	22.90	2:50:48	7:27	2	8:57	49	57:45
Ilseburg/Markt	3.30	19:07	5:47	1	-	45	6:03	26.20	3:09:55	7:14	2	7:41	57	1:06:49