



51. Brockenlauf

Ilseburg / 03.09.2022

□□□□

Lyashenko, Daria

□□: Endurance School
 □□: 258

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Frauen (20-29 Jahre)

□□□: 3:10:58

□□: 8.17 km/h
 □□□□: 7:17 min/km

□□□□□/□□□: 353 (of 418)

□□□□□/□: 59 (of 82)

□□□□□□: 2:03:06

□□□□□: 7(of 8)

□□□□□□□: 2:06:07

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 23:53 | 7:14 | 8 | 9:00 | 72 | 9:00 | 3.30 | 23:53 | 7:14 | 8 | 9:00 | 72 | 9:00 | |
| Schlüsie | 3.10 | 26:19 | 8:29 | 7 | 9:04 | 60 | 10:00 | 6.40 | 50:12 | 7:50 | 8 | 18:04 | 68 | 19:00 | |
| Hermannsklippe | 2.60 | 23:54 | 9:11 | 7 | 8:49 | 62 | 9:29 | 9.00 | 1:14:06 | 8:13 | 7 | 26:53 | 64 | 28:29 | |
| Brocken | 3.10 | 35:39 | 11:30 | 6 | 10:49 | 48 | 12:49 | 12.10 | 1:49:45 | 9:04 | 7 | 37:42 | 59 | 41:18 | |
| Eiserner Handwe | 3.60 | 23:57 | 6:39 | 8 | 8:53 | 62 | 8:54 | 15.70 | 2:13:42 | 8:30 | 7 | 46:32 | 60 | 50:12 | |
| Schlüsie | 4.10 | 21:19 | 5:11 | 5 | 7:23 | 53 | 7:23 | 19.80 | 2:35:01 | 7:49 | 7 | 53:42 | 60 | 56:40 | |
| Loddenke | 3.10 | 17:29 | 5:38 | 5 | 5:45 | 47 | 5:45 | 22.90 | 2:52:30 | 7:31 | 7 | 59:27 | 52 | 59:27 | |
| Ilseburg/Markt | 3.30 | 18:28 | 5:35 | 5 | 5:24 | 38 | 5:24 | 26.20 | 3:10:58 | 7:17 | 7 | 1:04:51 | 59 | 1:07:52 | |