



51. Brockenlauf

Ilseburg / 03.09.2022

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Barchmann, Katja

□□: IVT Potsdam
 □□: 45

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 3:11:43

□□: 8.14 km/h
 □□□□: 7:19 min/km

□□□□□/□□□: 355 (of 418)

□□□□□/□: 60 (of 82)

□□□□□□: 2:03:06

□□□□□: 15(of 16)

□□□□□□□: 2:13:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:52	6:37	13	5:08	47	6:59	3.30	21:52	6:37	13	5:08	47	6:59
Schlüsie	3.10	25:29	8:13	15	7:06	55	9:10	6.40	47:21	7:23	14	11:49	56	16:09
Hermannsklippe	2.60	23:29	9:01	15	7:23	58	9:04	9.00	1:10:50	7:52	15	19:12	57	25:13
Brocken	3.10	36:28	11:45	13	10:42	50	13:38	12.10	1:47:18	8:52	15	29:48	55	38:51
Eiserner Handwe	3.60	24:26	6:47	15	9:07	66	9:23	15.70	2:11:44	8:23	15	38:55	58	48:14
Schlüsie	4.10	23:09	5:38	15	9:04	63	9:13	19.80	2:34:53	7:49	15	47:59	59	56:32
Loddenke	3.10	17:48	5:44	12	4:21	51	6:04	22.90	2:52:41	7:32	12	40:12	53	59:38
Ilseburg/Markt	3.30	19:02	5:46	10	3:55	44	5:58	26.20	3:11:43	7:19	15	58:13	60	1:08:37