



51. Brockenlauf

Ilseburg / 03.09.2022

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Reich, Steffi

□□: Blau Weiß Hettstedt
 □□: 325

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 3:13:23

□□: 8.07 km/h
 □□□□: 7:23 min/km

□□□□□/□□□: 361 (of 418)

□□□□□/□: 61 (of 82)

□□□□□□: 2:03:06

□□□□□: 7(of 8)

□□□□□□□: 2:38:40

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:25	7:05	8	4:13	68	8:32	3.30	23:25	7:05	8	4:13	68	8:32
Schlüsie	3.10	26:47	8:38	8	5:27	67	10:28	6.40	50:12	7:50	8	9:40	68	19:00
Hermannsklippe	2.60	24:38	9:28	6	6:20	65	10:13	9.00	1:14:50	8:18	7	13:55	66	29:13
Brocken	3.10	38:41	12:28	6	10:15	64	15:51	12.10	1:53:31	9:22	6	23:24	64	45:04
Eiserner Handwe	3.60	22:28	6:14	6	3:21	57	7:25	15.70	2:15:59	8:39	6	26:45	65	52:29
Schlüsie	4.10	21:24	5:13	6	3:01	55	7:28	19.80	2:37:23	7:56	7	29:46	64	59:02
Loddenke	3.10	17:14	5:33	4	2:20	43	5:30	22.90	2:54:37	7:37	6	32:06	54	1:01:34
Ilseburg/Markt	3.30	18:46	5:41	4	2:37	40	5:42	26.20	3:13:23	7:22	7	34:43	61	1:10:17