



51. Brockenlauf

Ilsenburg / 03.09.2022

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Soerensen, Bent

□□: Faaborg Ski og Motion

□□: 26

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M75 (75 und älter)

□□□: 3:24:38

□□: 7.62 km/h

□□□□: 7:49 min/km

□□□□□/□□□: 387 (of 418)

□□□□□/□: 318 (of 336)

□□□□□□: 1:39:59

□□□□□: 2(of 3)

□□□□□□□: 3:05:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	30:31	9:14	3	8:40	331	18:31	3.30	30:31	9:14	3	8:40	331	18:31
Schlüsie	3.10	29:33	9:31	3	5:17	328	16:06	6.40	1:00:04	9:23	3	13:57	334	34:37
Hermannsklippe	2.60	26:49	10:18	3	4:49	330	15:01	9.00	1:26:53	9:39	3	18:46	334	49:38
Brocken	3.10	39:08	12:37	2	2:57	320	20:58	12.10	2:06:01	10:24	3	21:43	331	1:10:36
Eiserner Handwe	3.60	22:29	6:14	2	0:16	277	10:27	15.70	2:28:30	9:27	2	21:59	328	1:21:03
Schlüsie	4.10	20:28	4:59	1	-	256	8:56	19.80	2:48:58	8:32	2	21:47	327	1:29:59
Loddenke	3.10	16:20	5:16	1	-	169	6:22	22.90	3:05:18	8:05	2	20:20	257	1:36:21
Ilsenburg/Markt	3.30	19:20	5:51	1	-	199	8:18	26.20	3:24:38	7:48	2	19:23	318	1:44:39