



# 51. Brockenlauf

Ilseburg / 03.09.2022

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Kelle, Friederike Luise

□□: Berlin

□□: 203

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 3:28:27

□□: 7.54 km/h

□□□□: 7:58 min/km

□□□□□/□□□: 394 (of 418)

□□□□□/□: 73 (of 82)

□□□□□□: 2:03:06

□□□□□: 5(of 5)

□□□□□□□: 2:13:26

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:51	7:13	4	7:57	71	8:58	3.30	23:51	7:13	4	7:57	71	8:58	
Schlüsie	3.10	26:28	8:32	4	9:19	62	10:09	6.40	50:19	7:51	4	17:16	71	19:07	
Hermannsklippe	2.60	24:38	9:28	4	9:24	65	10:13	9.00	1:14:57	8:19	4	26:40	68	29:20	
Brocken	3.10	39:18	12:40	5	15:50	68	16:28	12.10	1:54:15	9:26	4	42:30	66	45:48	
Eiserner Handwe	3.60	25:50	7:10	4	9:18	71	10:47	15.70	2:20:05	8:55	4	51:48	69	56:35	
Schlüsie	4.10	26:46	6:31	5	9:57	77	12:50	19.80	2:46:51	8:25	4	1:01:45	72	1:08:30	
Loddenke	3.10	20:39	6:39	5	6:54	65	8:55	22.90	3:07:30	8:11	5	1:08:39	65	1:14:27	
Ilseburg/Markt	3.30	20:57	6:20	4	6:22	59	7:53	26.20	3:28:27	7:57	5	1:15:01	73	1:25:21	