



51. Brockenlauf

Ilseburg / 03.09.2022

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Reich, Andreas

□□: Blau Weiß Hettstedt
 □□: 324

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M55 (55-59 Jahre)

□□□: 3:34:07

□□: 7.29 km/h
 □□□□: 8:10 min/km

□□□□□/□□□: 400 (of 418)

□□□□□/□: 327 (of 336)

□□□□□□: 1:39:59

□□□□□: 52(of 54)

□□□□□□□: 2:10:09

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 23:30 | 7:07 | 51 | 6:46 | 316 | 11:30 | 3.30 | 23:30 | 7:07 | 51 | 6:46 | 316 | 11:30 |
| Schlüsie | 3.10 | 26:29 | 8:32 | 51 | 8:15 | 319 | 13:02 | 6.40 | 49:59 | 7:48 | 52 | 15:31 | 320 | 24:32 |
| Hermannsklippe | 2.60 | 24:20 | 9:21 | 50 | 8:40 | 317 | 12:32 | 9.00 | 1:14:19 | 8:15 | 53 | 24:11 | 322 | 37:04 |
| Brocken | 3.10 | 39:11 | 12:38 | 53 | 15:20 | 321 | 21:01 | 12.10 | 1:53:30 | 9:22 | 53 | 39:31 | 321 | 58:05 |
| Eiserner Handwe | 3.60 | 25:45 | 7:09 | 52 | 10:34 | 317 | 13:43 | 15.70 | 2:19:15 | 8:52 | 52 | 50:05 | 321 | 1:11:48 |
| Schlüsie | 4.10 | 24:38 | 6:00 | 52 | 9:33 | 320 | 13:06 | 19.80 | 2:43:53 | 8:16 | 52 | 59:38 | 320 | 1:24:54 |
| Loddenke | 3.10 | 22:31 | 7:15 | 47 | 9:59 | 264 | 12:33 | 22.90 | 3:06:24 | 8:08 | 46 | 1:09:37 | 261 | 1:37:27 |
| Ilseburg/Markt | 3.30 | 27:43 | 8:23 | 47 | 14:21 | 278 | 16:41 | 26.20 | 3:34:07 | 8:10 | 52 | 1:23:58 | 327 | 1:54:08 |