



51. Brockenlauf

Ilseburg / 03.09.2022

□□□□

Witt, Michaela

□□: Team Teichteufel

□□: 457

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:40:44

□□: 7.12 km/h

□□□□: 8:25 min/km

□□□□□/□□□: 403 (of 418)

□□□□□/□: 74 (of 82)

□□□□□□: 2:03:06

□□□□□: 11(of 12)

□□□□□□□: 2:43:26

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 24:43 | 7:29 | 11 | 5:36 | 76 | 9:50 | 3.30 | 24:43 | 7:29 | 11 | 5:36 | 76 | 9:50 |
| Schlüsie | 3.10 | 27:28 | 8:51 | 11 | 6:22 | 70 | 11:09 | 6.40 | 52:11 | 8:09 | 11 | 11:47 | 74 | 20:59 |
| Hermannsklippe | 2.60 | 26:15 | 10:05 | 12 | 7:34 | 77 | 11:50 | 9.00 | 1:18:26 | 8:42 | 11 | 18:12 | 74 | 32:49 |
| Brocken | 3.10 | 45:27 | 14:39 | 12 | 14:34 | 79 | 22:37 | 12.10 | 2:03:53 | 10:14 | 11 | 32:29 | 76 | 55:26 |
| Eiserner Handwe | 3.60 | 29:09 | 8:05 | 12 | 10:04 | 79 | 14:06 | 15.70 | 2:33:02 | 9:44 | 11 | 41:17 | 74 | 1:09:32 |
| Schlüsie | 4.10 | 24:03 | 5:51 | 11 | 6:27 | 69 | 10:07 | 19.80 | 2:57:05 | 8:56 | 11 | 45:23 | 74 | 1:18:44 |
| Loddenke | 3.10 | 19:40 | 6:20 | 9 | 5:02 | 63 | 7:56 | 22.90 | 3:16:45 | 8:35 | 10 | 49:37 | 66 | 1:23:42 |
| Ilseburg/Markt | 3.30 | 23:59 | 7:16 | 10 | 7:41 | 68 | 10:55 | 26.20 | 3:40:44 | 8:25 | 11 | 57:18 | 74 | 1:37:38 |