



51. Brockenlauf

Ilseburg / 03.09.2022

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Jørgensen, Susanne Ravn

□□: Faaborg ski og motion

□□: 197

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W60 (60-64 Jahre)

□□□: 3:54:12

□□: 6.66 km/h

□□□□: 8:56 min/km

□□□□□/□□□: 407 (of 418)

□□□□□/□: 78 (of 82)

□□□□□□: 2:03:06

□□□□□: 3(of 4)

□□□□□□□: 3:09:40

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Loddenke	3.30	26:31	8:02	3	5:58	80	11:38	3.30	26:31	8:02	3	5:58	80	11:38
Schlüsie	3.10	30:11	9:44	4	4:11	80	13:52	6.40	56:42	8:51	4	8:39	81	25:30
Hermannsklippe	2.60	27:45	10:40	4	4:12	80	13:20	9.00	1:24:27	9:22	4	12:48	81	38:50
Brocken	3.10	41:36	13:25	4	5:36	74	18:46	12.10	2:06:03	10:25	4	18:24	78	57:36
Eiserner Handwe	3.60	27:41	7:41	3	5:16	75	12:38	15.70	2:33:44	9:47	4	23:40	78	1:10:14
Schlüsie	4.10	27:25	6:41	3	7:48	78	13:29	19.80	3:01:09	9:08	3	31:28	77	1:22:48
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	53:03	16:04	4	33:18	81	39:59	26.20	3:54:12	8:56	3	44:32	78	1:51:06