DGI Trailseries Rold

Rold skov / 16.09.2022

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Refshøj, Alfred

□□□: 8:28.16

□□: 76

Trailseries Rold Motion

□□□□□: 22 (of 55)

□□□□□□□: 7:08.46

□□□□□: 4(of 12)

□□□□□□□□: 7:18.36

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Børn

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Stage 1 M	4:02.85	4	0:33.26	20	0:35.05					
Stage 2 M	1:22.15	5	0:13.25	24	0:15.95					
Stage 3 M	1:50.75	4	0:13.34	23	0:18.40					
Stage 4 M	1:12.41	3	0:09.95	25	0:11.20					