



# Hexengrund-Triathlon

Engerda / 10.09.2022

0000

Loumako

000: 2:32:04

00: Mojitos

00: 311

00: 48.80 km

Hexengrund-Triathlon Staffel 48,8 km

00000: 7 (of 15)

000000: 2:13:36

0000:

Männerstaffel

00000: 2(of 8)

0000000: 2:13:36

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.80	21:02	26:17	4	10:25	8	10:25	0.80	21:02	26:17	4	10:25	8	10:25
Wechsel Schw.-R	-	0:40	-	7	0:17	13	0:17	0.80	21:42	27:07	4	10:40	8	10:40
Schwimmen 000	0.80	21:42	27:07	4	10:40	8	10:40	0.80	21:42	27:07	4	10:40	8	10:40
Vorrunde Rad	2.00	4:50	2:24	4	0:19	9	0:59	2.80	26:32	9:28	4	10:51	8	10:51
Runde Rad	9.00	20:21	2:15	3	2:13	9	2:39	11.80	46:53	3:58	3	13:04	8	13:04
Runde Rad	9.00	20:29	2:16	2	0:35	7	2:19	20.80	1:07:22	3:14	3	3:42	9	9:57
Runde Rad	9.00	20:09	2:14	3	1:45	6	2:02	29.80	1:27:31	2:56	3	4:10	7	11:59
Runde Rad	9.00	19:04	2:07	2	0:39	3	0:55	38.80	1:46:35	2:44	3	4:49	7	12:54
Wechsel Rad-Lau	-	0:08	-	1	-	2	0:02	38.80	1:46:43	2:45	3	4:46	7	12:54
Rad 000	38.00	1:25:01	2:14	2	0:39	6	1:25:01	38.80	1:46:43	2:45	3	4:46	7	12:54
Runde Lauf	2.50	11:06	4:26	4	3:05	8	3:05	41.30	1:57:49	2:51	3	7:51	8	13:26
Runde Lauf	2.50	11:30	4:35	4	3:43	8	3:43	43.80	2:09:19	2:57	3	11:34	8	14:09
Runde Lauf	2.50	11:42	4:40	5	3:48	9	3:48	46.30	2:21:01	3:02	3	15:22	8	15:22
Runde Lauf	2.50	11:03	4:25	4	3:06	8	3:06	48.80	2:32:04	3:06	2	18:28	7	18:28
Lauf 000	10.00	45:21	4:32	4	13:42	8	13:42	48.80	2:32:04	3:06	2	18:28	7	18:28