



# Hexengrund-Triathlon

Engerda / 10.09.2022

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Einzelkämpfer-Team

000: 2:33:04

00: 302

00: 48.80 km

Hexengrund-Triathlon Staffel 48,8 km

00000: 8 (of 15)

000000: 2:13:36

0000:

Männerstaffel

00000: 3(of 8)

0000000: 2:13:36

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	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.80	19:20	24:09	3	8:43	6	8:43	0.80	19:20	24:09	3	8:43	6	8:43
Wechsel Schw.-R	-	0:28	-	3	0:05	6	0:05	0.80	19:48	24:45	3	8:46	6	8:46
Schwimmen 000	0.80	19:48	24:45	3	8:46	6	8:46	0.80	19:48	24:45	3	8:46	6	8:46
Vorrunde Rad	2.00	4:45	2:22	3	0:14	7	0:54	2.80	24:33	8:46	2	8:52	5	8:52
Runde Rad	9.00	19:13	2:08	2	1:05	4	1:31	11.80	43:46	3:42	2	9:57	5	9:57
Runde Rad	9.00	19:54	2:12	1	-	4	1:44	20.80	1:03:40	3:03	1	-	4	6:15
Runde Rad	9.00	20:01	2:13	2	1:37	5	1:54	29.80	1:23:41	2:48	2	0:20	5	8:09
Runde Rad	9.00	20:21	2:15	3	1:56	6	2:12	38.80	1:44:02	2:40	2	2:16	5	10:21
Wechsel Rad-Lau	-	0:08	-	1	-	2	0:02	38.80	1:44:10	2:41	2	2:13	5	10:21
Rad 000	38.00	1:24:22	2:13	1	-	5	1:24:22	38.80	1:44:10	2:41	2	2:13	5	10:21
Runde Lauf	2.50	11:47	4:42	6	3:46	11	3:46	41.30	1:55:57	2:48	2	5:59	5	11:34
Runde Lauf	2.50	12:18	4:55	6	4:31	10	4:31	43.80	2:08:15	2:55	2	10:30	7	13:05
Runde Lauf	2.50	12:29	4:59	6	4:35	10	4:35	46.30	2:20:44	3:02	2	15:05	7	15:05
Runde Lauf	2.50	12:20	4:56	6	4:23	10	4:23	48.80	2:33:04	3:08	3	19:28	8	19:28
Lauf 000	10.00	48:54	4:53	6	17:15	10	17:15	48.80	2:33:04	3:08	3	19:28	8	19:28