



Hexengrund-Triathlon

Engerda / 10.09.2022

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Kochberger Schlossgeister

000: 2:53:23

00: 303

00: 48.80 km

Hexengrund-Triathlon Staffel 48,8 km

00000: 13 (of 15)

000000: 2:13:36

0000:

Männerstaffel

00000: 7(of 8)

0000000: 2:13:36

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	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.80	21:12	26:29	6	10:35	10	10:35	0.80	21:12	26:29	6	10:35	10	10:35
Wechsel Schw.-R	-	0:32	-	5	0:09	11	0:09	0.80	21:44	27:10	6	10:42	10	10:42
Schwimmen 000	0.80	21:44	27:10	6	10:42	10	10:42	0.80	21:44	27:10	6	10:42	10	10:42
Vorrunde Rad	2.00	4:57	2:28	6	0:26	11	1:06	2.80	26:41	9:31	6	11:00	10	11:00
Runde Rad	9.00	22:02	2:26	6	3:54	12	4:20	11.80	48:43	4:07	6	14:54	12	14:54
Runde Rad	9.00	22:17	2:28	4	2:23	10	4:07	20.80	1:11:00	3:24	4	7:20	10	13:35
Runde Rad	9.00	22:21	2:29	5	3:57	11	4:14	29.80	1:33:21	3:07	4	10:00	10	17:49
Runde Rad	9.00	23:28	2:36	5	5:03	11	5:19	38.80	1:56:49	3:00	4	15:03	10	23:08
Wechsel Rad-Lau	-	0:11	-	6	0:03	10	0:05	38.80	1:57:00	3:00	4	15:03	10	23:11
Rad 000	38.00	1:35:16	2:30	4	10:54	11	1:35:16	38.80	1:57:00	3:00	4	15:03	10	23:11
Runde Lauf	2.50	14:02	5:36	8	6:01	14	6:01	41.30	2:11:02	3:10	7	21:04	13	26:39
Runde Lauf	2.50	14:10	5:39	8	6:23	13	6:23	43.80	2:25:12	3:18	7	27:27	13	30:02
Runde Lauf	2.50	14:16	5:42	8	6:22	13	6:22	46.30	2:39:28	3:26	7	33:49	13	33:49
Runde Lauf	2.50	13:55	5:33	8	5:58	13	5:58	48.80	2:53:23	3:33	7	39:47	13	39:47
Lauf 000	10.00	56:23	5:38	8	24:44	13	24:44	48.80	2:53:23	3:33	7	39:47	13	39:47