



Hexengrund-Triathlon

Engerda / 10.09.2022

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Kristina Eberhardt

000: 2:12:03

00: 26

00: 37.00 km

Hexengrund-Triathlon 37 km

00000/000: 43 (of 74)

00000/0: 6 (of 16)

000000: 2:03:55

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AK 30 W

00000: 1(of 2)

0000000: 2:12:03

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:44	27:27	2	0:06	12	3:02	0.50	13:44	27:27	2	0:06	12	3:02
Wechsel Schw.-R	-	3:57	-	1	-	12	2:19	0.50	17:41	35:22	1	-	10	4:55
Schwimmen 000	0.50	17:41	35:22	1	-	10	4:55	0.50	17:41	35:22	1	-	10	4:55
Vorrunde Rad	2.00	5:41	2:50	1	-	9	0:50	2.50	23:22	9:20	1	-	10	5:08
Runde Rad	9.00	24:04	2:40	1	-	7	3:33	11.50	47:26	4:07	1	-	8	7:11
Runde Rad	9.00	23:58	2:39	1	-	7	3:08	20.50	1:11:24	3:28	1	-	7	10:13
Runde Rad	9.00	23:59	2:39	1	-	4	1:47	29.50	1:35:23	3:14	1	-	7	11:02
Wechsel Rad-Lau	-	0:12	-	1	-	3	0:02	29.50	1:35:35	3:14	1	-	7	10:41
Rad 000	29.00	1:17:54	2:41	1	-	7	6:04	29.50	1:35:35	3:14	1	-	7	10:41
Runde Laufen	2.50	11:40	4:39	1	-	1	-	32.00	1:47:15	3:21	1	-	7	9:38
Runde Laufen	2.50	12:46	5:06	1	-	2	0:32	34.50	2:00:01	3:28	1	-	7	9:11
Lauf	2.50	12:02	4:48	1	-	1	-	37.00	2:12:03	3:34	1	-	6	8:08
Lauf 000	7.50	36:28	4:51	1	-	2	0:08	37.00	2:12:03	3:34	1	-	6	8:08