



Hexengrund-Triathlon

Engerda / 10.09.2022

0000

Doris Behning

000: 2:22:38

00: Saalfelder LV

00: 45

00: 37.00 km

Hexengrund-Triathlon 37 km

00000/000: 54 (of 74)

00000/0: 9 (of 16)

000000: 2:03:55

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AK 60, Seniorinnen 5

00000: 1(of 2)

0000000: 2:22:38

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:10	26:19	1	-	8	2:28	0.50	13:10	26:19	1	-	8	2:28
Wechsel Schw.-R	-	2:27	-	1	-	7	0:49	0.50	15:37	31:14	1	-	7	2:51
Schwimmen 000	0.50	15:37	31:14	1	-	7	2:51	0.50	15:37	31:14	1	-	7	2:51
Vorrunde Rad	2.00	6:07	3:03	1	-	11	1:16	2.50	21:44	8:41	1	-	8	3:30
Runde Rad	9.00	26:28	2:56	1	-	10	5:57	11.50	48:12	4:11	1	-	10	7:57
Runde Rad	9.00	26:03	2:53	1	-	10	5:13	20.50	1:14:15	3:37	1	-	10	13:04
Runde Rad	9.00	26:59	2:59	1	-	10	4:47	29.50	1:41:14	3:25	1	-	10	16:53
Wechsel Rad-Lau	-	0:12	-	1	-	3	0:02	29.50	1:41:26	3:26	1	-	10	16:32
Rad 000	29.00	1:25:49	2:57	1	-	10	13:59	29.50	1:41:26	3:26	1	-	10	16:32
Runde Laufen	2.50	13:32	5:24	1	-	9	1:52	32.00	1:54:58	3:35	1	-	10	17:21
Runde Laufen	2.50	13:46	5:30	1	-	6	1:32	34.50	2:08:44	3:43	1	-	9	17:54
Lauf	2.50	13:54	5:33	1	-	8	1:52	37.00	2:22:38	3:51	1	-	9	18:43
Lauf 000	7.50	41:12	5:29	1	-	8	4:52	37.00	2:22:38	3:51	1	-	9	18:43