



Hexengrund-Triathlon

Engerda / 10.09.2022

0000

Wolfgang Meusel

000: 2:14:06

00: Triathlon Friedrichroda e.V.

00: 5

00: 37.00 km

Hexengrund-Triathlon 37 km

00000/000: 45 (of 74)

00000/0: 38 (of 58)

000000: 1:33:38

0000:

AK 65, Senioren 6

00000: 1(of 1)

0000000: 2:14:06

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:09	26:18	1	-	25	5:41	0.50	13:09	26:18	1	-	25	5:41
Wechsel Schw.-R	-	2:30	-	1	-	29	1:37	0.50	15:39	31:18	1	-	29	7:08
Schwimmen 000	0.50	15:39	31:18	1	-	29	7:08	0.50	15:39	31:18	1	-	29	7:08
Vorrunde Rad	2.00	5:25	2:42	1	-	34	1:25	2.50	21:04	8:25	1	-	33	8:01
Runde Rad	9.00	23:22	2:35	1	-	38	6:32	11.50	44:26	3:51	1	-	35	14:22
Runde Rad	9.00	23:13	2:34	1	-	38	6:13	20.50	1:07:39	3:18	1	-	37	20:18
Runde Rad	9.00	23:23	2:35	1	-	34	5:44	29.50	1:31:02	3:05	1	-	36	25:57
Wechsel Rad-Lau	-	0:48	-	1	-	34	0:42	29.50	1:31:50	3:06	1	-	36	26:22
Rad 000	29.00	1:16:11	2:37	1	-	41	1:16:11	29.50	1:31:50	3:06	1	-	36	26:22
Runde Laufen	2.50	14:01	5:36	1	-	43	4:55	32.00	1:45:51	3:18	1	-	36	30:30
Runde Laufen	2.50	14:23	5:45	1	-	43	5:19	34.50	2:00:14	3:29	1	-	36	35:35
Lauf	2.50	13:52	5:32	1	-	42	4:53	37.00	2:14:06	3:37	1	-	38	40:28
Lauf 000	7.50	42:16	5:38	1	-	43	15:07	37.00	2:14:06	3:37	1	-	38	40:28