



Hexengrund-Triathlon

Engerda / 10.09.2022

0000

Jonathan Kurz

000: 2:03:13

00: Kranichläufer

00: 56

00: 37.00 km

Hexengrund-Triathlon 37 km

00000/000: 28 (of 74)

00000/0: 28 (of 58)

000000: 1:33:38

0000:

Jugend A (16-17)

00000: 1(of 3)

0000000: 2:03:13

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:30	27:00	1	-	34	6:02	0.50	13:30	27:00	1	-	34	6:02
Wechsel Schw.-R	-	1:31	-	1	-	11	0:38	0.50	15:01	30:02	1	-	25	6:30
Schwimmen 000	0.50	15:01	30:02	1	-	25	6:30	0.50	15:01	30:02	1	-	25	6:30
Vorrunde Rad	2.00	5:20	2:39	1	-	31	1:20	2.50	20:21	8:08	1	-	28	7:18
Runde Rad	9.00	21:37	2:24	1	-	31	4:47	11.50	41:58	3:38	1	-	30	11:54
Runde Rad	9.00	22:00	2:26	1	-	32	5:00	20.50	1:03:58	3:07	1	-	29	16:37
Runde Rad	9.00	22:35	2:30	1	-	31	4:56	29.50	1:26:33	2:56	1	-	29	21:28
Wechsel Rad-Lau	-	0:07	-	1	-	2	0:01	29.50	1:26:40	2:56	1	-	29	21:12
Rad 000	29.00	1:11:39	2:28	2	1:11:39	35	1:11:39	29.50	1:26:40	2:56	1	-	29	21:12
Runde Laufen	2.50	12:39	5:03	2	1:25	32	3:33	32.00	1:39:19	3:06	1	-	28	23:58
Runde Laufen	2.50	12:43	5:05	2	1:23	27	3:39	34.50	1:52:02	3:14	1	-	28	27:23
Lauf	2.50	11:11	4:28	2	0:04	15	2:12	37.00	2:03:13	3:19	1	-	28	29:35
Lauf 000	7.50	36:33	4:52	2	2:52	24	9:24	37.00	2:03:13	3:19	1	-	28	29:35