



Hexengrund-Triathlon

Engerda / 10.09.2022

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Paul Alberto Gutierrez Müller

□□□: 38:15

□□: HSV Weimar Triathlon e.V.

□□: 608

□□: 9.70 km

Juniorhexe 2 (9,7 km)

□□□□□/□□□: 3 (of 12)

□□□□□/□: 2 (of 7)

□□□□□□: 37:05

□□□□:

Schüler A (12-13)

□□□□□: 2(of 5)

□□□□□□□: 37:05

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.20	7:04	35:19	1	-	2	1:16	0.20	7:04	35:19	1	-	2	1:16
Wechsel Schw.-R	-	1:27	-	2	0:14	3	0:25	0.20	8:31	42:35	1	-	2	1:41
Schwimmen □□□	0.20	8:31	42:35	1	-	2	1:41	0.20	8:31	42:35	1	-	2	1:41
Vorrunde Rad	2.00	6:10	3:05	3	0:57	4	1:00	2.20	14:41	6:40	1	-	2	2:41
Runde Rad	1.25	3:08	2:30	3	0:27	4	0:42	3.45	17:49	5:09	3	0:12	4	3:23
Runde Rad	1.25	3:01	2:24	2	0:03	3	0:37	4.70	20:50	4:25	3	0:14	4	4:00
Runde Rad	1.25	3:10	2:31	3	0:29	3	0:29	5.95	24:00	4:02	3	0:41	3	0:41
Runde Rad	1.25	3:05	2:28	3	0:22	4	0:26	7.20	27:05	3:45	3	1:03	4	7:36
Wechsel Rad-Lau	-	0:08	-	1	-	1	-	7.20	27:13	3:46	3	1:02	4	7:10
Rad □□□	7.00	18:42	2:40	5	18:42	7	18:42	7.20	27:13	3:46	3	1:02	4	7:10
Lauf	2.50	11:02	4:24	2	0:08	3	1:18	9.70	38:15	3:56	2	1:10	2	1:10
Lauf □□□	2.50	11:02	4:24	2	0:08	2	0:08	9.70	38:15	3:56	2	1:10	2	1:10