



# Hexengrund-Triathlon

Engerda / 10.09.2022

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Jessica Krake

□□□: 46:36

□□: HSV Weimar Triathlon e.V.  
 □□: 501

□□: 9.70 km  
 Juniorhexe 2 (9,7 km)

□□□□□/□□□: 6 (of 12)

□□□□□/□: 3 (of 5)

□□□□□□: 37:44

□□□□:  
 weibliche Jugend B (14-15)

□□□□□: 1(of 1)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.20	7:14	36:09	1	-	2	0:42	0.20	7:14	36:09	1	-	2	0:42	
Wechsel Schw.-R	-	1:17	-	1	-	2	0:13	0.20	8:31	42:35	1	-	2	0:55	
Schwimmen □□□	0.20	8:31	42:35	1	-	2	0:55	0.20	8:31	42:35	1	-	2	0:55	
Vorrunde Rad	2.00	7:05	3:32	1	-	4	1:46	2.20	15:36	7:05	1	-	3	2:41	
Runde Rad	1.25	3:39	2:55	1	-	4	0:37	3.45	19:15	5:34	1	-	3	3:18	
Runde Rad	1.25	3:34	2:51	1	-	4	0:45	4.70	22:49	4:51	1	-	3	4:03	
Runde Rad	1.25	3:37	2:53	1	-	4	0:43	5.95	26:26	4:26	1	-	3	4:45	
Runde Rad	1.25	3:32	2:49	1	-	4	0:29	7.20	29:58	4:09	1	-	3	5:14	
Wechsel Rad-Lau	-	0:09	-	1	-	2	0:01	7.20	30:07	4:10	1	-	3	5:15	
Rad □□□	7.00	21:36	3:05	1	-	5	21:36	7.20	30:07	4:10	1	-	3	5:15	
Lauf	2.50	16:29	6:35	1	-	4	3:37	9.70	46:36	4:48	1	-	3	8:52	
Lauf □□□	2.50	16:29	6:35	1	-	4	3:37	9.70	46:36	4:48	1	-	3	8:52	