



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

0000

Zenker, Florian

00: Marineclub Gotha

00: 350

00: 18.50 km

Lange Strecke

0000:

Männer (20-29 Jahre)

000: 1:12:02

00: 14.99 km/h

0000: 3:53 min/km

00000/000: 5 (of 75)

00000/0: 5 (of 57)

000000: 59:36

00000: 1(of 4)

0000000: 1:12:02

0000

0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-------|------|-------|--------|----|------|----|------|-------|---------|--------|----|------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Runde | 9.30 | 35:18 | 3:47 | 2 | 0:06 | 6 | 5:23 | 9.30 | 35:18 | 3:47 | 5 | 0:06 | 58 | 5:23 |
| Runde | 9.00 | 36:02 | 4:00 | 1 | - | 5 | 6:55 | 18.30 | 1:11:20 | 3:53 | 1 | - | 57 | 12:18 |
| Ziel | 0.20 | 0:42 | 3:29 | 1 | - | 8 | 0:08 | 18.50 | 1:12:02 | 3:53 | 1 | - | 5 | 12:26 |