



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Bierathleten

000: 1:12:58

00: 404

00: 25.50 km

Triathlonstaffel

00000: 10 (of 24)

000000: 57:11

0000:

Mixed-Staffel

00000: 6(of 19)

0000000: 57:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.50	13:21	26:41	17	6:05	21	6:10	0.50	13:21	26:41	17	6:05	21	6:10
Wechsel S -> R	20.00	1:13	0:03	2	0:06	2	0:06	20.50	14:34	0:42	16	5:39	20	5:46
Schwimmen 000	20.50	14:34	0:42	16	5:39	20	5:46	20.50	14:34	0:42	16	5:39	20	5:46
Rad netto	-	36:17	-	6	7:22	9	7:22	20.50	50:51	2:28	9	13:01	12	13:01
Wechsel R -> L	-	0:22	-	1	-	1	-	20.50	51:13	2:29	9	12:57	12	12:57
Rad 000	0.00	36:39	-	6	7:18	9	7:18	20.50	51:13	2:29	9	12:57	12	12:57
Lauf	5.00	21:45	4:20	7	3:51	11	3:51	25.50	1:12:58	2:51	6	15:47	10	15:47