



17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Timo Bauer

000: 1:12:36

00: 186

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 49 (of 279)

00000/0: 45 (of 210)

000000: 59:54

0000:

Senioren 3 (TM 50)

00000: 7(of 28)

0000000: 1:03:49

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	10:51	21:41	9	2:18	83	3:03	0.50	10:51	21:41	9	2:18	211	3:03
Wechsel S -> R	-	2:13	-	5	0:23	35	0:52	0.50	13:04	26:07	9	2:07	211	3:17
Schwimmen 000	0.50	13:04	26:07	9	2:07	211	3:17	0.50	13:04	26:07	9	2:07	211	3:17
Rad netto	20.00	36:57	1:50	13	6:03	84	12:44	20.50	50:01	2:26	11	8:10	211	8:52
Wechsel R -> L	-	0:56	-	9	0:24	63	0:30	20.50	50:57	2:29	10	7:55	211	9:02
Rad 000	20.00	37:53	1:53	12	5:48	80	12:16	20.50	50:57	2:29	10	7:55	211	9:02
Lauf Ziel	5.00	21:39	4:19	8	1:55	39	3:40	25.50	1:12:36	2:50	7	8:47	45	12:42