



17. Lorsch Triathlon

Lorsch / 21.08.2022

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Christopher Weis

000: 1:09:56

00: 125

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 33 (of 279)

00000/0: 32 (of 210)

000000: 59:54

0000:

männliche AK 2 (TM 25)

00000: 3(of 17)

0000000: 1:05:17

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	11:08	22:15	8	2:51	92	3:20	0.50	11:08	22:15	18	2:51	211	3:20
Wechsel S -> R	-	3:05	-	10	1:35	124	1:44	0.50	14:13	28:26	18	4:26	211	4:26
Schwimmen 000	0.50	14:13	28:26	18	4:26	211	4:26	0.50	14:13	28:26	18	4:26	211	4:26
Rad netto	20.00	31:58	1:35	1	-	9	7:45	20.50	46:11	2:15	18	1:19	25	5:02
Wechsel R -> L	-	1:06	-	11	0:35	98	0:40	20.50	47:17	2:18	18	1:45	24	5:22
Rad 000	20.00	33:04	1:39	1	-	9	7:27	20.50	47:17	2:18	18	1:45	24	5:22
Lauf Ziel	5.00	22:39	4:31	6	2:54	56	4:40	25.50	1:09:56	2:44	3	4:39	32	10:02