



17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Mathias Müller

000: 1:08:00

00: 208

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 19 (of 279)

00000/0: 18 (of 210)

000000: 59:54

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Senioren 4 (TM 55)

00000: 4(of 37)

0000000: 1:05:27

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	8:28	16:56	2	0:40	5	0:40	0.50	8:28	16:56	38	0:40	211	0:40
Wechsel S -> R	-	2:54	-	18	1:05	112	1:33	0.50	11:22	22:44	38	0:28	211	1:35
Schwimmen 000	0.50	11:22	22:44	38	0:28	211	1:35	0.50	11:22	22:44	38	0:28	211	1:35
Rad netto	20.00	34:32	1:43	5	1:37	33	10:19	20.50	45:54	2:14	38	1:53	211	4:45
Wechsel R -> L	-	0:37	-	1	-	10	0:11	20.50	46:31	2:16	38	1:42	211	4:36
Rad 000	20.00	35:09	1:45	4	1:14	27	9:32	20.50	46:31	2:16	38	1:42	211	4:36
Lauf Ziel	5.00	21:29	4:17	5	1:14	35	3:30	25.50	1:08:00	2:39	4	2:33	18	8:06