



17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Felix Rädler

000: 1:17:39

00: 115

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 107 (of 279)

00000/0: 95 (of 210)

000000: 59:54

0000:

männliche AK 2 (TM 25)

00000: 8(of 17)

0000000: 1:05:17

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	14:10	28:19	17	5:53	187	6:22	0.50	14:10	28:19	18	5:53	211	6:22
Wechsel S -> R	-	3:31	-	15	2:01	158	2:10	0.50	17:41	35:22	18	7:54	211	7:54
Schwimmen 000	0.50	17:41	35:22	18	7:54	211	7:54	0.50	17:41	35:22	18	7:54	211	7:54
Rad netto	20.00	37:20	1:52	7	5:22	90	13:07	20.50	55:01	2:41	18	10:09	145	13:52
Wechsel R -> L	-	1:12	-	12	0:41	117	0:46	20.50	56:13	2:44	18	10:41	144	14:18
Rad 000	20.00	38:32	1:55	8	5:28	88	12:55	20.50	56:13	2:44	18	10:41	144	14:18
Lauf Ziel	5.00	21:26	4:17	4	1:41	33	3:27	25.50	1:17:39	3:02	8	12:22	95	17:45