



17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Oliver Bunde

000: 1:19:31

00: 45

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 125 (of 279)

00000/0: 110 (of 210)

000000: 59:54

0000:

männliche AK 2 (TM 25)

00000: 11(of 17)

0000000: 1:05:17

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	11:51	23:41	10	3:34	122	4:03	0.50	11:51	23:41	18	3:34	122	4:03
Wechsel S -> R	-	3:28	-	13	1:58	155	2:07	0.50	15:19	30:37	18	5:32	211	5:32
Schwimmen 000	0.50	15:19	30:37	18	5:32	211	5:32	0.50	15:19	30:37	18	5:32	211	5:32
Rad netto	20.00	38:59	1:56	11	7:01	128	14:46	20.50	54:18	2:38	18	9:26	211	13:09
Wechsel R -> L	-	0:53	-	9	0:22	54	0:27	20.50	55:11	2:41	18	9:39	211	13:16
Rad 000	20.00	39:52	1:59	10	6:48	122	14:15	20.50	55:11	2:41	18	9:39	211	13:16
Lauf Ziel	5.00	24:20	4:51	9	4:35	91	6:21	25.50	1:19:31	3:07	11	14:14	110	19:37