



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Ute Kubach

000: 1:45:12

00: 71

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 271 (of 279)

00000/0: 66 (of 69)

000000: 1:06:39

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Seniorinnen 4 (TW 55)

00000: 3(of 3)

0000000: 1:27:23

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	14:02	28:03	3	2:16	62	6:16	0.50	14:02	28:03	3	2:16	70	6:16
Wechsel S -> R	-	5:01	-	3	2:25	68	3:19	0.50	19:03	38:06	3	4:11	70	9:07
Schwimmen 000	0.50	19:03	38:06	3	4:11	70	9:07	0.50	19:03	38:06	3	4:11	70	9:07
Rad netto	20.00	50:33	2:31	3	8:58	63	15:26	20.50	1:09:36	3:23	3	12:30	63	24:12
Wechsel R -> L	-	1:28	-	2	0:44	48	0:50	20.50	1:11:04	3:27	3	12:25	63	24:42
Rad 000	20.00	52:01	2:36	3	8:53	63	15:56	20.50	1:11:04	3:27	3	12:25	63	24:42
Lauf Ziel	5.00	34:08	6:49	3	5:24	64	13:51	25.50	1:45:12	4:07	3	17:49	66	38:33