



17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Janik Wagner

000: 1:27:34

00: 142

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 206 (of 279)

00000/0: 164 (of 210)

000000: 59:54

0000:

männliche AK 2 (TM 25)

00000: 14(of 17)

0000000: 1:05:17

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	12:13	24:26	12	3:56	138	4:25	0.50	12:13	24:26	18	3:56	211	4:25
Wechsel S -> R	-	2:09	-	3	0:39	30	0:48	0.50	14:22	28:44	18	4:35	211	4:35
Schwimmen 000	0.50	14:22	28:44	18	4:35	211	4:35	0.50	14:22	28:44	18	4:35	211	4:35
Rad netto	20.00	41:05	2:03	14	9:07	166	16:52	20.50	55:27	2:42	18	10:35	149	14:18
Wechsel R -> L	-	1:58	-	17	1:27	198	1:32	20.50	57:25	2:48	18	11:53	157	15:30
Rad 000	20.00	43:03	2:09	15	9:59	177	17:26	20.50	57:25	2:48	18	11:53	157	15:30
Lauf Ziel	5.00	30:09	6:01	14	10:24	174	12:10	25.50	1:27:34	3:26	14	22:17	164	27:40