



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

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Sarah Dächert

000: 1:25:43

00: 23

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 194 (of 279)

00000/0: 37 (of 69)

000000: 1:06:39

0000:

weibliche Junioren (TW18/19)

00000: 1(of 2)

0000000: 1:25:43

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	9:14	18:27	1	-	5	1:28	0.50	9:14	18:27	1	-	70	1:28
Wechsel S -> R	-	3:59	-	2	0:58	59	2:17	0.50	13:13	26:26	1	-	70	3:17
Schwimmen 000	0.50	13:13	26:26	1	-	70	3:17	0.50	13:13	26:26	1	-	70	3:17
Rad netto	20.00	46:06	2:18	2	2:46	59	10:59	20.50	59:19	2:53	2	0:40	70	13:55
Wechsel R -> L	-	0:48	-	2	0:02	14	0:10	20.50	1:00:07	2:55	2	0:42	70	13:45
Rad 000	20.00	46:54	2:20	2	2:48	58	10:49	20.50	1:00:07	2:55	2	0:42	70	13:45
Lauf Ziel	5.00	25:36	5:07	1	-	20	5:19	25.50	1:25:43	3:21	1	-	37	19:04