



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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fat fighters

□□□: 16:53:47

□□: 515

□□: 9.94 km/h

□□□□: 6:01 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 103 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 80(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:29:44	6:24	109	31:19	149	31:19	14.00	1:29:44	6:24	109	31:19	149	31:19
Kleiner Inselsber	19.60	2:03:51	6:19	102	46:42	145	46:42	33.60	3:33:35	6:21	106	1:17:45	152	1:17:45
Neue Ausspanne	14.00	1:12:37	5:11	41	21:41	46	21:41	47.60	4:46:12	6:00	97	1:39:26	126	1:39:26
Grenzdler	13.70	1:07:25	4:55	18	15:43	24	15:43	61.30	5:53:37	5:46	69	1:52:50	85	1:52:50
Allzunah	19.90	1:59:07	5:59	85	43:16	124	43:16	81.20	7:52:44	5:49	74	2:34:02	97	2:34:02
Masserberg	17.90	1:32:12	5:09	16	15:36	22	15:36	99.10	9:24:56	5:42	53	2:39:27	67	2:39:27
Neuhaus	19.90	2:34:13	7:44	112	1:25:50	164	1:25:50	119.00	11:59:09	6:02	91	3:53:57	112	3:53:57
Schildwiese	13.50	1:06:44	4:56	14	14:18	19	14:18	132.50	13:05:53	5:55	74	4:08:15	92	4:08:15
Brennersgrün	15.90	1:38:45	6:12	81	35:21	113	35:21	148.40	14:44:38	5:57	77	4:42:09	97	4:42:09
Blankenstein	20.30	2:09:09	6:21	92	55:41	135	55:41	168.70	16:53:47	6:00	80	5:37:50	103	5:37:50