



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Die Phantstischen 10

□□□: 16:47:21

□□: 508

□□: 10.01 km/h

□□□□: 5:58 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 101 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 79(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:47	5:46	72	22:22	98	22:22	14.00	1:20:47	5:46	72	22:22	98	22:22
Kleiner Inselsber	19.60	1:43:50	5:17	43	26:41	58	26:41	33.60	3:04:37	5:29	51	48:47	67	48:47
Neue Ausspanne	14.00	1:16:51	5:29	59	25:55	70	25:55	47.60	4:21:28	5:29	53	1:14:42	64	1:14:42
Grenzadler	13.70	1:20:19	5:51	66	28:37	88	28:37	61.30	5:41:47	5:34	51	1:41:00	65	1:41:00
Allzunah	19.90	1:41:09	5:04	33	25:18	49	25:18	81.20	7:22:56	5:27	43	2:04:14	54	2:04:14
Masserberg	17.90	1:55:14	6:26	78	38:38	106	38:38	99.10	9:18:10	5:37	43	2:32:41	54	2:32:41
Neuhaus	19.90	2:22:20	7:09	108	1:13:57	151	1:13:57	119.00	11:40:30	5:53	75	3:35:18	91	3:35:18
Schildwiese	13.50	1:37:06	7:11	96	44:40	142	44:40	132.50	13:17:36	6:01	84	4:19:58	106	4:19:58
Brennersgrün	15.90	1:42:14	6:25	92	38:50	130	38:50	148.40	14:59:50	6:03	88	4:57:21	110	4:57:21
Blankenstein	20.30	1:47:31	5:17	45	34:03	61	34:03	168.70	16:47:21	5:58	79	5:31:24	101	5:31:24