



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Stiftung Wadentest

□□□: 17:48:23

□□: 201

□□: 9.43 km/h

□□□□: 6:20 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 147 (of 177)

□□□□□□: 11:15:57

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□□□□□: 107(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:25	5:44	71	22:00	96	22:00	14.00	1:20:25	5:44	71	22:00	96	22:00
Kleiner Inselfber	19.60	1:46:30	5:26	53	29:21	73	29:21	33.60	3:06:55	5:33	59	51:05	78	51:05
Neue Ausspanne	14.00	1:36:17	6:52	115	45:21	165	45:21	47.60	4:43:12	5:56	90	1:36:26	114	1:36:26
Grenzdler	13.70	1:25:23	6:13	87	33:41	115	33:41	61.30	6:08:35	6:00	91	2:07:48	119	2:07:48
Allzunah	19.90	2:22:02	7:08	114	1:06:11	171	1:06:11	81.20	8:30:37	6:17	110	3:11:55	153	3:11:55
Masserberg	17.90	1:56:37	6:30	83	40:01	114	40:01	99.10	10:27:14	6:19	104	3:41:45	147	3:41:45
Neuhaus	19.90	2:05:00	6:16	80	56:37	112	56:37	119.00	12:32:14	6:19	106	4:27:02	144	4:27:02
Schildwiese	13.50	1:29:26	6:37	82	37:00	120	37:00	132.50	14:01:40	6:21	104	5:04:02	144	5:04:02
Brennersgrün	15.90	1:41:27	6:22	90	38:03	128	38:03	148.40	15:43:07	6:21	109	5:40:38	150	5:40:38
Blankenstein	20.30	2:05:16	6:10	90	51:48	129	51:48	168.70	17:48:23	6:19	108	6:32:26	148	6:32:26