



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Didaktische Reserve / Studienseminar Erfurt: 42:26

□□: 122

□□: 168.70 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 9.49 km/h

□□□□: 6:18 min/km

□□□□□: 144 (of 177)

□□□□□□: 11:15:57

□□□□□: 106(of 118)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:50:37	7:54	118	52:12	176	52:12	14.00	1:50:37	7:54	118	52:12	176	52:12
Kleiner Inselfber	19.60	1:40:14	5:06	29	23:05	40	23:05	33.60	3:30:51	6:16	104	1:15:01	147	1:15:01
Neue Ausspanne	14.00	1:20:13	5:43	75	29:17	92	29:17	47.60	4:51:04	6:06	102	1:44:18	139	1:44:18
Grenzadler	13.70	1:34:58	6:55	108	43:16	154	43:16	61.30	6:26:02	6:17	109	2:25:15	147	2:25:15
Allzunah	19.90	2:06:57	6:22	100	51:06	147	51:06	81.20	8:32:59	6:19	113	3:14:17	157	3:14:17
Masserberg	17.90	2:01:05	6:45	93	44:29	130	44:29	99.10	10:34:04	6:23	109	3:48:35	154	3:48:35
Neuhaus	19.90	2:33:53	7:43	111	1:25:30	163	1:25:30	119.00	13:07:57	6:37	114	5:02:45	160	5:02:45
Schildwiese	13.50	1:16:38	5:40	49	24:12	62	24:12	132.50	14:24:35	6:31	109	5:26:57	153	5:26:57
Brennersgrün	15.90	1:28:11	5:32	52	24:47	65	24:47	148.40	15:52:46	6:25	111	5:50:17	153	5:50:17
Blankenstein	20.30	1:49:40	5:24	52	36:12	70	36:12	168.70	17:42:26	6:17	107	6:26:29	145	6:26:29