



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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LG Rippershausen

□□□: 17:03:33

□□: 175

□□: 9.85 km/h

□□□□: 6:04 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 112 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 87(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:25:13	6:05	95	26:48	129	26:48	14.00	1:25:13	6:05	95	26:48	129	26:48
Kleiner Inselsber	19.60	1:48:33	5:32	62	31:24	87	31:24	33.60	3:13:46	5:46	80	57:56	105	57:56
Neue Ausspanne	14.00	1:33:19	6:39	111	42:23	157	42:23	47.60	4:47:05	6:01	98	1:40:19	128	1:40:19
Grenzadler	13.70	1:26:42	6:19	92	35:00	123	35:00	61.30	6:13:47	6:05	97	2:13:00	130	2:13:00
Allzunah	19.90	1:55:53	5:49	78	40:02	111	40:02	81.20	8:09:40	6:01	93	2:50:58	125	2:50:58
Masserberg	17.90	1:23:54	4:41	4	7:18	6	7:18	99.10	9:33:34	5:47	64	2:48:05	78	2:48:05
Neuhaus	19.90	1:55:42	5:48	58	47:19	78	47:19	119.00	11:29:16	5:47	56	3:24:04	71	3:24:04
Schildwiese	13.50	1:25:45	6:21	76	33:19	108	33:19	132.50	12:55:01	5:50	66	3:57:23	83	3:57:23
Brennersgrün	15.90	2:08:46	8:05	110	1:05:22	166	1:05:22	148.40	15:03:47	6:05	91	5:01:18	116	5:01:18
Blankenstein	20.30	1:59:46	5:53	79	46:18	110	46:18	168.70	17:03:33	6:04	87	5:47:36	112	5:47:36