



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Tonnados

□□□: 18:40:40

□□: 573

□□: 8.99 km/h

□□□□: 6:38 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 163 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 41(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:30:56	6:29	34	31:11	151	32:31	14.00	1:30:56	6:29	34	31:11	178	32:31
Kleiner Inselsber	19.60	2:05:30	6:24	40	41:33	151	48:21	33.60	3:36:26	6:26	42	59:58	178	1:20:36
Neue Ausspanne	14.00	1:37:52	6:59	45	27:15	170	46:56	47.60	5:14:18	6:36	44	1:23:43	178	2:07:32
Grenzadler	13.70	1:32:05	6:43	33	33:23	145	40:23	61.30	6:46:23	6:37	42	1:50:39	177	2:45:36
Allzunah	19.90	1:54:28	5:45	28	32:07	105	38:37	81.20	8:40:51	6:24	42	2:16:34	176	3:22:09
Masserberg	17.90	2:29:05	8:19	45	1:09:48	170	1:12:29	99.10	11:09:56	6:45	43	3:15:20	175	4:24:27
Neuhaus	19.90	2:26:33	7:21	39	1:05:29	157	1:18:10	119.00	13:36:29	6:51	46	3:50:09	176	5:31:17
Schildwiese	13.50	1:30:20	6:41	32	29:37	126	37:54	132.50	15:06:49	6:50	46	4:16:05	169	6:09:11
Brennersgrün	15.90	1:44:35	6:34	33	38:29	137	41:11	148.40	16:51:24	6:48	46	4:50:04	177	6:48:55
Blankenstein	20.30	1:49:16	5:22	14	24:14	68	35:48	168.70	18:40:40	6:38	41	5:04:59	165	7:24:43