



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Erbstromtaler Schmalwaden

□□□: 18:46:24

□□: 513

□□: 8.95 km/h

□□□□: 6:41 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 164 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 42(of 48)

Mixstaffel

□□□□□□□: 13:35:41

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:20:28	5:44	20	20:43	97	22:03	14.00	1:20:28	5:44	20	20:43	178	22:03
Kleiner Inselsber	19.60	2:00:50	6:09	34	36:53	139	43:41	33.60	3:21:18	5:59	26	44:50	178	1:05:28
Neue Ausspanne	14.00	1:25:01	6:04	21	14:24	114	34:05	47.60	4:46:19	6:00	23	55:44	177	1:39:33
Grenzadler	13.70	1:18:45	5:44	16	20:03	75	27:03	61.30	6:05:04	5:57	20	1:09:20	177	2:04:17
Allzunah	19.90	2:15:41	6:49	45	53:20	163	59:50	81.20	8:20:45	6:10	33	1:56:28	176	3:02:03
Masserberg	17.90	2:08:28	7:10	34	49:11	147	51:52	99.10	10:29:13	6:20	37	2:34:37	175	3:43:44
Neuhaus	19.90	2:56:11	8:51	47	1:35:07	173	1:47:48	119.00	13:25:24	6:46	43	3:39:04	176	5:20:12
Schildwiese	13.50	1:18:26	5:48	11	17:43	67	26:00	132.50	14:43:50	6:40	40	3:53:06	169	5:46:12
Brennersgrün	15.90	1:53:24	7:07	42	47:18	156	50:00	148.40	16:37:14	6:43	42	4:35:54	177	6:34:45
Blankenstein	20.30	2:09:10	6:21	37	44:08	136	55:42	168.70	18:46:24	6:40	43	5:10:43	167	7:30:27