



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Annakram

□□□: 18:35:40

□□: 106

□□: 9.03 km/h

□□□□: 6:37 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 162 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 112(of 118)

Männerstaffel

□□□□□□□: 11:15:57

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Hohe Sonne	14.00	1:22:45	5:54	84	24:20	111	24:20	14.00	1:22:45	5:54	84	24:20	111	24:20
Kleiner Inselfber	19.60	1:51:23	5:40	74	34:14	101	34:14	33.60	3:14:08	5:46	83	58:18	108	58:18
Neue Ausspanne	14.00	1:19:13	5:39	71	28:17	87	28:17	47.60	4:33:21	5:44	74	1:26:35	94	1:26:35
Grenzdler	13.70	1:46:40	7:47	116	54:58	170	54:58	61.30	6:20:01	6:11	102	2:19:14	140	2:19:14
Allzunah	19.90	1:56:56	5:52	80	41:05	117	41:05	81.20	8:16:57	6:07	101	2:58:15	138	2:58:15
Masserberg	17.90	2:23:55	8:02	114	1:07:19	168	1:07:19	99.10	10:40:52	6:28	112	3:55:23	157	3:55:23
Neuhaus	19.90	2:19:45	7:01	106	1:11:22	147	1:11:22	119.00	13:00:37	6:33	112	4:55:25	157	4:55:25
Schildwiese	13.50	1:44:53	7:46	106	52:27	159	52:27	132.50	14:45:30	6:40	110	5:47:52	160	5:47:52
Brennersgrün	15.90	1:48:02	6:47	100	44:38	147	44:38	148.40	16:33:32	6:41	117	6:31:03	167	6:31:03
Blankenstein	20.30	2:02:08	6:00	82	48:40	118	48:40	168.70	18:35:40	6:36	114	7:19:43	164	7:19:43