



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Mühlhäuser Laufmäuse

□□□: 19:21:48

□□: 5

□□: 8.68 km/h

□□□□: 6:53 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 170 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 11(of 11)

Frauenstaffel

□□□□□□□: 13:14:51

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:48:15	7:43	11	41:00	175	49:50	14.00	1:48:15	7:43	11	41:00	178	49:50
Kleiner Inselsber	19.60	1:49:17	5:34	5	12:35	92	32:08	33.60	3:37:32	6:28	9	53:35	178	1:21:42
Neue Ausspanne	14.00	1:32:30	6:36	10	35:28	152	41:34	47.60	5:10:02	6:30	9	1:29:03	178	2:03:16
Grenzadler	13.70	1:42:28	7:28	11	39:39	167	50:46	61.30	6:52:30	6:43	9	2:08:42	177	2:51:43
Allzunah	19.90	2:21:27	7:06	11	54:57	170	1:05:36	81.20	9:13:57	6:49	11	3:03:39	176	3:55:15
Masserberg	17.90	1:55:29	6:27	7	33:44	107	38:53	99.10	11:09:26	6:45	11	3:33:45	175	4:23:57
Neuhaus	19.90	2:27:52	7:25	10	48:43	159	1:19:29	119.00	13:37:18	6:52	10	4:22:28	176	5:32:06
Schildwiese	13.50	1:28:01	6:31	8	21:52	113	35:35	132.50	15:05:19	6:49	11	4:42:19	169	6:07:41
Brennersgrün	15.90	1:58:09	7:25	10	40:44	161	54:45	148.40	17:03:28	6:53	11	5:16:16	177	7:00:59
Blankenstein	20.30	2:18:20	6:48	10	50:41	162	1:04:52	168.70	19:21:48	6:53	11	6:06:57	173	8:05:51