



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Roter Stern Pfafferode 2

□□□: 18:57:49

□□: 549

□□: 8.86 km/h

□□□□: 6:44 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 167 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 44(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:33:13	6:39	40	33:28	161	34:48	14.00	1:33:13	6:39	40	33:28	178	34:48
Kleiner Inselsber	19.60	1:58:14	6:01	29	34:17	127	41:05	33.60	3:31:27	6:17	37	54:59	178	1:15:37
Neue Ausspanne	14.00	1:29:40	6:24	30	19:03	138	38:44	47.60	5:01:07	6:19	36	1:10:32	178	1:54:21
Grenzdler	13.70	1:37:15	7:05	39	38:33	161	45:33	61.30	6:38:22	6:29	36	1:42:38	177	2:37:35
Allzunah	19.90	2:00:12	6:02	34	37:51	127	44:21	81.20	8:38:34	6:23	39	2:14:17	176	3:19:52
Masserberg	17.90	1:54:21	6:23	21	35:04	103	37:45	99.10	10:32:55	6:23	38	2:38:19	175	3:47:26
Neuhaus	19.90	2:37:43	7:55	45	1:16:39	167	1:29:20	119.00	13:10:38	6:38	39	3:24:18	176	5:05:26
Schildwiese	13.50	1:39:16	7:21	40	38:33	148	46:50	132.50	14:49:54	6:42	42	3:59:10	169	5:52:16
Brennersgrün	15.90	1:50:07	6:55	40	44:01	152	46:43	148.40	16:40:01	6:44	43	4:38:41	177	6:37:32
Blankenstein	20.30	2:17:48	6:47	47	52:46	160	1:04:20	168.70	18:57:49	6:44	45	5:22:08	170	7:41:52