



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Renn(s)tiger

□□□: 17:28:25

□□: 541

□□: 9.61 km/h

□□□□: 6:13 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 129 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 25(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:28:48	6:20	31	29:03	144	30:23	14.00	1:28:48	6:20	31	29:03	144	30:23
Kleiner Inselfber	19.60	2:01:29	6:11	35	37:32	140	44:20	33.60	3:30:17	6:15	33	53:49	178	1:14:27
Neue Ausspanne	14.00	1:37:06	6:56	44	26:29	169	46:10	47.60	5:07:23	6:27	42	1:16:48	178	2:00:37
Grenzdler	13.70	1:32:22	6:44	35	33:40	147	40:40	61.30	6:39:45	6:31	38	1:44:01	177	2:38:58
Allzunah	19.90	1:48:58	5:28	19	26:37	85	33:07	81.20	8:28:43	6:15	36	2:04:26	176	3:10:01
Masserberg	17.90	1:34:42	5:17	6	15:25	29	18:06	99.10	10:03:25	6:05	24	2:08:49	175	3:17:56
Neuhaus	19.90	2:21:28	7:06	35	1:00:24	150	1:13:05	119.00	12:24:53	6:15	31	2:38:33	176	4:19:41
Schildwiese	13.50	1:25:27	6:19	25	24:44	107	33:01	132.50	13:50:20	6:15	30	2:59:36	169	4:52:42
Brennersgrün	15.90	1:38:13	6:10	24	32:07	111	34:49	148.40	15:28:33	6:15	27	3:27:13	177	5:26:04
Blankenstein	20.30	1:59:52	5:54	26	34:50	111	46:24	168.70	17:28:25	6:12	25	3:52:44	130	6:12:28